

Faribault Park & Rec

SlimDown Contest 2012

Weigh-In: Wed., Jan. 4, 2012, 3-6:30pm
Faribault Park & Rec Gym

Make a commitment to a healthier lifestyle by being part of the 2012 SlimDown Contest! Preregister your SlimDown team **online** or with this form by Wed., Jan. 5, 2012 at the weigh-in at Park & Rec that day. The contest ends at the weigh-out on Wed, March 14. Due to the economy, some contest changes have been made. All teams will now pay a \$20 team fee. Be one of the first 50 teams to preregister and receive free T-shirts and Park & Rec punchcards! The grand prize are Annual Memberships (each valued at \$345) to the winning team members.

SLIMDOWN CONTEST RULES

1. 2. 3. 4. 5.

SIGN UP A TEAM!

Teams of four must fill out a registration form.

(See below)

**Preregister by
WED., JAN. 4**

ATTEND THE WEIGH-IN!

Jan. 4, 3:00-6:30pm
At Park & Rec.

Register your team!

**All team members
must weigh in.**

CALL IN WEIGHT BIWEEKLY!

Call in total team weight to 384-0520 or email team weights to dhansen@ci.faribault.mn.us.

**Call in Wednesdays,
Jan. 18, Feb. 1,
Feb. 15 & March 1**

WATCH FOR THE RESULTS!

See results printed in The Bulletin, and on *the city website:* www.faribault.org.

ATTEND THE WEIGH-OUT!

March 14; 3:00-6:30
Team members must all weigh in for grand prize eligibility.

KEEP THIS SIDE FOR YOUR RECORDS!



Use this form to preregister your team!

Register teams online at: www.faribault.org/parks/onlineregistration. or register by phone with a credit card (334-2064) or by check at the Community Center.

Email completed forms: dhansen@ci.faribault.mn.us, or drop them off at the Community Center!

Team Name _____

Team Leader _____ Day Phone _____

Team Leader Email _____

Team Members & Shirt Size (Men's S, M, L, XL, XXL, XXXL)

1. _____ Shirt Size: _____ 3. _____ Shirt Size: _____

2. _____ Shirt Size: _____ 4. _____ Shirt Size: _____

By sending in this form, we understand our team names and team weights (only) will appear printed on the City of Faribault website and The Bulletin. Participant weights will be treated as confidential.